

Federation Day 2023



**We Make The Future:
Fighting for the Schools Our Students Deserve**

ANDREA TASKEY TRUSTY

WORKSHOP FACILITATOR



Wellness and Mental Health Supported by Technology

In this session, we will explore a variety of digital and technology tools to support Mental Health and Well-being in the classroom/home. Through discussing and experiencing different strategies and resources, participants will develop their schema of integrating tools for students with anxiety, hyperactivity, focus and attention challenges and more. Please come ready to try new things, collaborate, share and leave feeling calm and energized!

ABOUT ANDREA

Andrea Taskey Trusty is an Education Community Partnership Program Mental Health Teacher in partnership with Humber River Hospital. She is a Digital Lead Learner Mentor for the TDSB and has been on the Assistant Technology Department Team. Andrea has taught Special Education for 18 years for Grades K-12, advocating and supporting the well-being and achievement of the students and their families.

In-Person Session at Federation Day 2023
Afternoon Program, Beanfield Centre
Friday, December 8, 2023

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VIA WHOVA**

